



Kagge Forlag 2016
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Per Egil Hegge

The Soul of the Norwegian

Hygge, cosy at home, cosy at the cabin, lazing in the sun on the “Easter Mountain” ...

The book presents and discusses a set of unique Norwegian expressions and phenomena. The typical subjects which characterize Norwegian mentality and way of life.

Weather, wind and Norwegian geography play an important part in the book. In addition cultural codes such as the obligatory “Sunday walk in the woods”, the welfare state, state regulated liquor stores, “paternity leave” is presented with wit and humour. Per Egil Hegge has also included some of the specialities of Norwegian cuisine: “rømmegrøt”, brown cheese and “lutefisk”.

Per Egil Hegge

Per Egil Hegge, former editor at the Norwegian newspaper *Aftenposten* and *A-magasinet*, an experienced journalist who has served as foreign correspondent both in Washington D.C., London and Moscow. Hegge writes a regular column for *Aftenposten* where he focuses on good language. He has written books both on Russian and American politics and also several titles on language subjects.



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