



ANNE-LISE LØVLIE SCHIBBYE • ELISABETH LØVLIE

DU OG BARNET



Om å skape gode relasjoner med barn

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You and the Child *Creating Good Relationships with Children*

Drawing on numerous examples from our everyday encounters with children, the authors show how nurturing and caring relationships are formed and how crucial these are to the child's development. It is in the relationship to the other that the child strengthens his or her ability to deal with emotions and forms a secure self.

This book is based on Schibbye's psychodynamic and dialectic theory of relationships. It shows how relevant this understanding is as we seek to establish relationships with children around us. Central concepts throughout the book are recognition, attachment, listening, emotional regulation and the setting of boundaries.

Anne Lise Schibbye and Elisabeth Løvlie

Anne-Lise Løvlie Schibbye is a psychologist, with a Ph.D. from the United States. For more than thirty years she was assistant professor at the University of Oslo, combining research and clinical practice. She has published both academic and non-academic books.



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