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Trude Teige

Lean Against the Wind

BY THE GREAT Norwegian storyteller and bestselling author Trude Teige, inspired by her own family history.

A STRONG WOMAN from the fjords who stands firm against all storms: A dramatic novel about a strong woman in the traditional society of Nordic fishermen and sailors.

ON THE RUGGED Norwegian west coast, the ship's captain Kristiane has fought hard to build a good life for herself and her family. She hopes that her son Anders will carry on the family tradition and become a ship's pilot. But Anders has his own talents and dreams; he wants to follow the call of music. When Kristiane retreats to her special spot on the beach to reflect, she makes a dramatic discovery—one that shakes not only her family but the entire fishing community.

FOLLOWING THE OCEAN SANG, this is the second novel featuring the sailor Kristiane—but it can also be read as a standalone story.

FROM THE AUTHOR of the moving bestselling novels When Grandmother Danced in the Rain, When Grandpa Breathed with the Waves, and Until We Meet Again by the Sea.

Teige writes with a precision about the harsh lives of fishermen and seafarers in the 19th century that can only come from personal experience.
- fr.de, Germany

Teige, herself shaped by her Norwegian family history, writes with the sure instinct of a storyteller who knows just how much weather lies within a single stretch of coastline.
- Esquire Magazine, Germany

A highly readable and inspiring book!
- Delme-Report, Germany

Trude Teige



In 2015, *When Grandma Danced in the Rain* was published and cemented Trude Teige among international bestselling authors. The novel tells the story of Juni who returns to the house of her deceased grandparents on a small Norwegian island where she discovers a photograph: it shows her grandmother Tekla as a young woman with a German soldier. Juni can no longer ask anyone about it, so the search for the truth takes her to Berlin and to the small

town of Demmin in eastern Germany, where hundreds of families committed suicide in May 1945. Juni realises that this is about much more than a secret love. Inspired by actual people and events, the book was nominated for the Norwegian Booksellers' Prize. It became one of the bestselling books in Germany in 2023 and remained on the bestseller lists for over a year. Teige counted among Norway's topselling authors for all of 2025. As of 2025, almost 2 million copies of the author's works have been sold worldwide.

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