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Berit Inger Anne Eira Buljo, Maj Elen Eriksen Sara (ill.)

Mie's story

This touching book follows Mie on a gentle journey through grief, fear and hope. Mie is a lively five-year-old with a vivid imagination and a heart full of love. Together with her beloved soft toy, the reindeer Gievranásti, and her older sister, she explored the world through play, adventure and discovery. Then Mie is faced with the greatest challenge of her young life: how will she cope with the loss of her sister she loves so deeply?

The book also includes a factual section that serves a valuable resource for adults supporting children through grief. It offers clear, age appropriate guidance on: how to talk to children about death, how to respond to their questions and how to help them express their emotions. With this guide, adults are given practical tools to provide comfort, safety and understanding during a difficult time.

Text in Sami and Norwegian

Berit Inger Anne Eira Buljo, Maj Elen Eriksen Sara (ill.)

Berit Inger Anne Eira Buljo is a Sámi author and health professional whose work bridges personal experience, cultural knowledge, and care. Raised in Guovdageaidnu, she draws on a life deeply rooted in Sámi language, traditions, and ways of understanding the world. Alongside a long career in the health sector, she has contributed to academic work on Sámi health and cultural awareness, with a particular focus on culturally sensitive care.

Her writing often engages with themes of grief, resilience, and lived experience. In both fiction and non-fiction, including the children's book *Mie muitalus / Mies fortelling* (2025), she explores how loss and healing can be understood and communicated across generations. Through her work, Buljo brings emotional depth and cultural insight to contemporary Sámi literature, creating stories that support both understanding and care in the face of life's most difficult experiences.

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