Megafon forlag 2026
302 pages
Original title: *Ølhunden Berit*
ISBN: 9788284680552

NORLA's Selected Titles

FOREIGN RIGHTS

Northern Stories
Agent: Astrid Dalaker
astrid@northernstories.no
northernstories.no

RIGHTS SOLD TO

Click for foreign sales

AWARDS

Click for awards

Northern Stories

www.northernstories.no

Thomas Seeberg Torjussen

A BETTER MAN

Tom is a lonely man who blames feminism for everything that is wrong with society — and with his own life. By day he works in his mother's clothing store, and by night he spews venom and bile online. The worst of it is directed at the high-profile stand-up comedian Live, who eventually collapses under Tom's relentless harassment.

When hackers expose Tom's identity, he suddenly becomes the most hated man in the country. Forced to go into hiding, he shaves off his beard, dresses in women's clothes, and is reborn as Berit. In this new role, he encounters a warmth and empathy he has never experienced before.

It is a burlesque and entertaining journey in which we follow Tom from a simple larva, through a grotesque butterfly, to something resembling a human being.

We also meet Tom's neighbor Audun, an only seemingly modern father of young children, in a novel that plunges headfirst into debates about gender roles, loneliness, and masculine sexuality — and that gives a face to the thousands of anonymous haters we recognize from the dark corners of the internet and newspaper comment sections.

The novel is based on the TV-series Ølhunden Berit (A Better Man), written and directed by the author, so far sold to; Germany (ZDF), Denmark (DR), Sweden (SVT), Finland (YLE) and Iceland (RUV).

An astonishing, brutal yet poignant series which dares to explore its darker side.
- Cineuropa, About the series

A chilling portrait of toxic masculinity..... A gripping immersion into the mind of a man consumed by resentment.
- Entrevue, About the series

Great art. Shocking, heartwarming, and eye-opening.
- ABC Nyheter

A bold and important incel drama.... Thought-provoking entertainment at its very best.
- Moviezine, About the series

For speaking to us with enormous courage about the here and now, for entering places as sadly everyday as they are dark, and from there giving space to hope, redemption, and the ability to put ourselves in another's place without that meaning to justify or excuse them.
- Serielizados – Jury Statement About the series

This novel dives headfirst into contemporary debates about gender, loneliness, and male sexuality, giving a human face to the anonymous voices populating the darker corners of the internet. And yet it is a story rich in humor and compassion, told through Torjussen's keenly observant perspective.

- Vebjørn Rogne, Editor, Megafon Forlag

Thomas Seeberg Torjussen

Thomas is a Norwegian filmmaker, writer and director of series, feature films and theatre.
His series have received many accolades, including an International Emmy nomination for Koselig med peis (2011) and the Rose d'Or, Prix Jeunesse and Kidscreen Awards for ZOMBIELARS (2017–2019). Both series, which Torjussen wrote and co-directed, were also winners of the Gullruten Award for Best TV Drama. Torjussen directed 3 episodes of Kampen For Tilværelsen (2014), which won him a Gullrute Award for Best Director. Thomas created, wrote and directed the sci-fi series DOME 16 which premiered in late 2022 and won him a Rose Dór in 2023.

A BETTER MAN is his first novel.