



Skald forlag 2021
224 pages
Original title: *Dyrk enkelt med drivhus*
ISBN: 9788279593256

FOREIGN RIGHTS

Skald forlag
P. O. Box 61
NO-6861 Leikanger
Tel: +47 57 65 41 55
simone@skald.no
www.skald.no

Maria Berg Hestad

Easy cultivation with Greenhouses

Live your greenhouse dream!

Do you dream of growing your own tomatoes, cucumbers or maybe even peaches? Growing your own food has never been more popular, and many dream of their own green oasis that overflows with colorful flavor bombs. But do you need to spend thousands of kroner on expensive greenhouses and annual maintenance?

In her new book, popular garden expert Maria Berg Hestad shows how you can quickly and easily get started with your greenhouse dream without a large investment in money and time.

In the book, you get good advice on how to make the best use of your greenhouse to grow food all year round – without adding artificial heat. You get tips on making beds easily and cheaply, and what you should sow at what time to extend the season at both ends.

Never before has growing your own been as easy as it is with the help of Maria's secrets. Get started with the greenhouse already this fall, and you can ensure an extra long season in the spring.

“It is extremely detailed in its explanations, and loads and loads of pictures make it easy to follow what we should and shouldn’t do.[...] And if you’re now looking forward to the growing season that lies a few months ahead of us, then Easy cultivation with a Greenhouse is a book you should get.”

- Per A. Borgund, Mat fra Norge

Maria Berg Hestad

Maria Berg Hestad (b. 1981) is a garden blogger, civil engineer and mother of three. She is an avid vegetable grower and runs the blog Det grønne skaferi. Maria lives with her family in Molde and is self-sufficient with vegetables from her own garden for much of the year. She is passionate about the idea that a vegetable garden is the way to the good life and gives lectures about self-cultivation in a busy everyday life.

Skald forlag