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Sigri Sandberg

Fear and Rejoicing in Jotunheimen Tales of people and mountains

This is the story of the Hurrungane mountains in Jotunheimen. And of the women who have lived with them and climbed them – or not cared about them.

Author Sigri Sandberg has gone far back in our storied mountain history to track down some of these women. Because were all hunters in the Viking Age men? And when did women start climbing? In the book, Sandberg tells about Norway's most beautiful alpine mountain area, about mythology and jotun women, hunting and innkeepers. She writes about the romanticization of the mountains in the 19th century, about the emergence of modern mountain sports and about women in skirts on their way to the peaks. Sandberg draws lines from ancient times to the present day, and in the summer of 2015 the author herself will climb the sharp peaks.

With Fear and Rejoicing in Jotunheimen, these mountains, some of Norway's foremost national symbols, get their unique story told.

"Sandberg writes with passion and knowledge, gets close to people, and offers us history, fates, experiences, lessons and tips. [...] For mountain people, this is a must-have book."

- Mette Bleken, Hardanger folkeblad

"This is a book that belongs on the cottage bookshelf."

- Odd G. Nordengen, hyttenyhetene.no

"Stylish."

- Fredrik Wandrup, Dagbladet

"After reading this book, I have to go back – and I have to take the book with me!"

- Johannes Kleppa, Dagen

"The tears flowed, because I have felt the fear – and the joy – so many times myself. Thank you again for a great reading experience."

- Ragnhild Holø, Nrk

"What a book! Very interesting and captivating – and so nice to hear that it's okay to be afraid."

- Hanne Skrikerud, Nrk

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Sigri Sandberg

Sigri Sandberg (b. 1975) is a journalist and author, and has worked in several major Norwegian media outlets. She has written five books of her own, including Polarheltinner (2012), Klimaboka (2011) and Vindtrollet (2015), in addition to four books in collaboration with polar explorer Cecilie Skog. She currently writes for Aftenposten's A-magasinet, and is a columnist for the outdoor magazine UTE.

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