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Tyra Teodora Tronstad

How to Deal with Stormy Spirits



The only thing Henry knows about his dead mother is that she was the best shoemaker in the world and that he and his father never must talk about her. If they do, terrible storms will come and crush everything in the small flat where they live. When the storm one day comes to school, Henry is blamed for the damages the storm causes. And when Henry's father, the famous opera singer whose voice has been poor since the death of Henry's mother, is in danger of losing his job, Henry must find out what his mother is trying to tell them. It requires curiosity and courage, good friends, and a girl with a silver cape, a bird, and a recipe for how to deal with stormy spirits. A story about spirits, singing, silence, sorrow, and shoes.

Awarded the Norwegian "Riksmålsprisen" for excellent prose

Nominated for the 2022 Norwegian Book Award (The Brage Prize)

'Exceptionally good. ... Reminiscent of Astrid Lindgren and Roald Dahl.'

-- Cathrine Krøger, Dagbladet 5/6 stars

'The awarded author Tyra Teodora Tronstad creates magic ...'

-- Guri Fjeldberg, Aftenposten

'A stunningly beautiful children's book.'

-- Anne Cathrine Straume, NRK

Tyra Teodora Tronstad

Tyra Teodora Tronstad is an author of acclaimed and awarded books for young adults and adults. She is twice awarded, and once nominated, for the Critics' Prize for Best Children's and YA Book. *How to Deal With Stormy Spirits* is her first children's book. Tronstad lives in Oslo, Norway.



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