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Heidi Mittun-Kjos

Areas of Special Significance

Ada lives with her husband Sigurd and two small children in northwest Oslo. Almost every evening she pulls on her running shoes, turns on her headlamp, and disappears into the darkness along the paths of the forest. This summer she intends to complete the 100-kilometre-long Nordmarka Ultra, and in each step, each training session, a portrait of an extraordinary woman emerges. Passionate, almost obsessed, with a severe, almost venomous gaze and a childhood filled with apocalyptic delusions that to a large extent she still carries inside her.

In the tension between who she is for others and who she is within herself, a chasm opens up which eventually seems impossible to overcome. The closer the ultra-marathon approaches, the more urgent the question becomes: What is it about Ada?

“Heidi Mittun-Kjos has written a book that is light-footed, but leaves a deep impression – physically, mentally and emotionally.”

- Vårt Land

“Areas of Special Significance is an entertaining and dependable novel about how the fits and starts of childhood can go on in someone whose feet are never firmly planted on the ground. As a writer, Mittun-Kjos is fine, smart and funny and she lets her characters emerge at their own pace.”

- Klassekampen

“Now that she is debuting with her novel Areas of Special Significance, Heidi Mittun-Kjos is a new star in the constellation of authors.”

- Tine Sundal, Blog

Heidi Mittun-Kjos

Heidi Mittun-Kjos (b. 1972) was born and grew up in Oslo. She is the creative director of a design and advertising agency, and has attended Gyldendal's Academy of Creative Writing. *Areas of Special Significance* is her first novel.



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