AKSEL LUND SVINDAL



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Aksel Lund Svindal

Greater Than Me

How much hardship can a person withstand and still be the best in the world? During his extraordinary alpine skiing career, Aksel Lund Svindal won nine World Championship medals, four Olympic medals, two overall World Cup and nine discipline titles and 36 World Cup races. The most unique thing about Svindal's career, however, is not what he achieved – it's how he achieved it. For the first time Aksel tells his personal story and opens up on the principles he has always worked by as an athlete, businessman, teammate and a role model – principles that have helped him through fear and adversity and – when everyone had written him off after catastrophic falls and career-threatening injuries – back to the top. His own manager from the day he turned 18, the insight Aksel has gained in both sports and business makes his book more than a sports biography. Aksel's method will inspire readers of all kinds. The core message? Never spend a second more than nescessary on a task and utilise every opportunity to the max.

Aksel Lund Svindal

Aksel Lund Svindal is a Norwegian former World Cup alpine ski racer. Svindal is a two-time overall World Cup champion (2007 and 2009), an Olympic gold medalist in super-G at the 2010 Winter Olympics and in downhill at the 2018 Winter Olympics, and a five-time World Champion in downhill, giant slalom, and super combined (2007 Åre, 2009 Val-d'Isère, 2011 Garmisch, and 2013 Schladming). With his victory in the downhill in 2013, Svindal became the first male alpine racer to win titles in four consecutive world championships. With his successes many consider him the best Norwegian alpine skier ever.





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