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OTHER TITLES

The Year of the Wolf
(Ulvens år) 2018
The Caricature
(Karikaturen) 2014
The Ice Man
(Ismannen) 2011
A Good Band
(Et bra band) 2005

Anders Bortne

Sleepless

For sixteen years, Anders Bortne has been sleepless. Several times he has tried to get help, without result. But now he has to do something. He has a family with two young kids and can no longer go on with the scant hours of sleep every night. He just can't. Therefore, nothing should be untested – sleeping medicine, yoga, herbs, acupuncture, hypnosis.

Anders is searching high and low, and the answers he receives are both gruelling, eye-opening and ridiculous. During the hunt another story appears.

For what do we know about the most important hours of the day? What is the history of sleep? And why do we really have to sleep?

Sleepless is an exciting, fun and wise book for anyone who is awake at night and is wondering why. And for those sleeping next to them.

The solution is often closer than you think. In Anders's case, it was just across the street.

Anders Bortne

Anders Bortne is a writer and musician. He has written five acclaimed books and has released eight albums (one was even nominated as album of the year in Norway).

Anders has a law degree and currently works as a speechwriter for the Norwegian Minister of Justice. His debut as a writer came in 2005 with the novel *A good Band*. He has later published the highly acclaimed novels *The Caricature* and *The Ice Man*, the latter was nominated for The Youth Critic's Prize in 2011.

Bortne's trademark is combining the extraordinary with the trivial, and his work often revolves around family and identity.



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