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Kenneth Ingebretsen

Vegetables

Are you dreaming of sun ripened tomatoes and sweet beets from your own crop? Here you will find the best tips and inspiration to grow your own favourite greens. Vegetables you grow yourself simply tastes better!

It is easy to grow delicious tomatoes, chili, onions, cabbage, peppers, cucumbers and other vegetables yourself. The writers of this book share in abundance their experience with growing on freeland, in the greenhouse and in boxes. They will help you gain a lush garden with loads of fresh vegetables.

Kenneth Ingebretsen

Kenneth Ingebretsen (b. 1977) is a gardener who works at the largest garden centre in Norway. He also edits the membership newsletter *Blomstervenner* for the Friends of Flowers Society.

Tommy Tønsberg's (b. 1980) interest in gardening was already evident at an early age: as a schoolboy he often spent his entire allowance at the nursery. Today, he tends a small but lush garden on the outskirts of Oslo, and is the editor of *Norsk Hagetidend*, the magazine for members of the Gardeners' Association. He is also a popular guest speaker.



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