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Trond Svendgård

Pick it yourself

Chef and wild plant enthusiast Trond Svendgård, takes the reader on inspirational walks at a time when these wild-growing treats are at their best. He focuses on the best flavors and shares his most tempting recipes. This book provides an easy overview of where each plant-species can be found, and the characteristics of each one.

Trond Svendgård

Trond Svendgård is a chef and runs www.plukkselv.no, Norway's largest online community and shop for foraging. He has previously published several other books as a member of the Flying Culinary Circus.



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