



Cappelen Damm 2016
208 pages
Original title: *Grønn bonanza*
Potetpizza, sommerruller og blomkålwings
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OTHER TITLES

Greener! (2018)

Mia Frogner

Green bonanza *Potato pizza, summer wraps and* *cauliflower 'wings'*

This book is full of the real joy of pure food: good recipes, simple new uses for the best base ingredients, tips on making use of everything and developing helpful routines to waste less.

You will learn what you are eating and where it really comes from. The author offers you over 60 fine recipes for a selection of base ingredients, and seasons the book with her own sense of the pleasure of good food.

Mia Frogner

Mia Frogner (b. 1985) is qualified in literary studies and works as a contents adviser in the creative communications agency Trigger, recently selected as the world's best creative agency. She manages the blog Green Bonanza.



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