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Lene and Linda Engelstad

Vegetarian Comfort Food

Vegetarian Comfort Food is a vegetarian cookbook with a difference. Concepts such as 'meatfree Monday' can give the sense of vegetarian food being something we should choose because it is healthy and ethical, and not because we really want to.

Through their book and blog, the authors of this book show us that vegetarian food is also something you can eat when you want a treat or when you have friends visiting. They also have suggestions for delicious sweets and homebaking.

Lene and Linda Engelstad

Lene and Linda Engelstad are twin sisters who share their enthusiasm for vegetarian food and cooking in general on Instagram and on their inspiring blog, OurKitchenStories.

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