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Vidar Bergum

Hummus and Pomegranate

Hummus and Pomegranate is an inspiring and unpretentious introduction to one of the world's most traditional and renowned cuisines. Here you will be introduced to the best food from Turkey and the Middle East. Dishes and flavors that have been developed and perfected from generation to generation throughout numerous dynasties and empires. Most of the dishes included are based on traditional recipes - which is one reason why the dishes and flavors have survived for so long. And not only will you find the recipes, but also an insight into long-standing food traditions. You won't necessarily find the tastiest Turkish or Middle Eastern food at a restaurant - you'll find that in people's homes. Most of the recipes in the book are therefore classic homemade everyday dishes, prepared just as they are in the many kitchens all over Turkey and the Middle East.

Vidar Bergum lives in Istanbul and in 2016 was named Best Niche-Blogger. The jury's reason for awarding a prize to A Kitchen in Istanbul was: "Vidar Bergum's blog slightly takes your breath away. It's exotic, looks good and is also a little different. He invites us into a kitchen quite unfamiliar to us, with a naturalness and generosity that means you just want to drop what you're doing, and begin making Turkish food and trying out new spices. He writes well about his inspiration and always provides good references and tips on how to recreate what he makes at home. A fun and wonderful blog."

Vidar Bergum

Vidar Bergum lives in Istanbul where he works with food-related projects. From there he runs the blog A kitchen in Istanbul, which was voted Best Niche-Blog by Mathallen and godt.no in 2016.



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