



Cappelen Damm 2018
144 pages
Original title: *Supergod Mat For Gutter Og Jenter*

ISBN: 9788202575205

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OTHER TITLES

Baby Food (2016)
Breads and Spreads (2015)

Margit Veia

Super Tasty Food For Boys And Girls

Margit Veia has published several cookbooks and regularly holds a cookery course for small kitchens. Here she has gathered over 50 recipes for food that girls and boys aged 6 to 12 like to make themselves. The recipes are easy to follow, with a joy of food in focus.

Veia gives good tips and encourages readers to try new things and use quality ingredients.

The book gives inspiration for making great food, whether it be a normal day, the weekend or someone's birthday!

Margit Veia

Margit Veia (b. 1966) is a professional teacher of nutrition, health and environmental studies.



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