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Esben Holmboe Bang

## *Maaemo*

The spectacular pictures and illustrations of Norwegian nature, and the beautiful photographs of the food and the environment in the restaurant, take you on a journey through the tastes of Norway. Exactly like a meal at this world renowned starrestaurant in Oslo would do.

The restaurant is run by Esben Holmboe Bang, and in this book he writes with honesty and engagement about the tastes, the identity, the vision and hard work it takes to bring the exceptional signature tastes to the tables of the restaurant. The book also gives the reader a chance to recreate Maaemo at home: 80 recipes for many of the signature dishes and tastes of the restaurant are presented in the book.

*'To me this book is instantly classic. This is a book it will be referred to in many decades to come, when the food story from our little Nordic corner of the world is to be told.'*

- René Redzepi (Chef at Noma, DK)

*'This is a masterpiece, and at the same time a genuine encyclopaedia of one of the most important gastronomic periods in Norway. The book stands rocksolid, like a monolith for what is distinctive and real. It mirrors our country at its best...'*

- Appetitt

## Esben Holmboe Bang

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Esben Holmboe Bang (b. 1982) was born in Copenhagen, but moved to Norway in 2001. He worked at several fine-dining restaurants in Oslo before opening Maaemo in 2010. In 2016, Maaemo received three Michelin stars – the first Norwegian restaurant to ever do so.



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