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**Nina Granlund Sæther**

## *Mittens*

### *Knitting patterns from all over Norway*

Nordic knitting has already charmed the knitting world. Author Nina Granlund Sæther has now researched traditional mitten patterns from all over Norway and brought them together in one book.

In this book you will find old-style mitten patterns from throughout Norway, adapted to today's yarn and equipment, plus exciting stories of their origin and use.

The book contains more than 40 patterns for mittens for women, men and children, with big, useful diagrams and beautiful illustrations.

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## Nina Granlund Sæther

Nina Granlund Sæther is a journalist and editor. She trained as an arts and crafts teacher and has written several books on handcraft. She contributes patterns to the weekly press and gives lessons on knitting.



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