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**Heidi Eikelund and Mette Hovden**

## *Needle Dance* *40 beautiful garments in Entrelac*

Learn the old – and almost for gotten – entrelac technique for knitting beautiful and contemporary garments.

Entrelac pieces have a lovely structure reminiscent of woven surfaces, and in *Needle Dance* you are given a thorough and step-by-step introduction to the technique. There are also many different patterns, and many of the garments are shown in various colour variants. There are large and small garments, garments for men and women, for adults and children – all knitted using renowned quality yarn. Heidi Eikelund and Mette Hovden show how to use entrelac for either the entire garment or just for certain parts.

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## Heidi Eikelund and Mette Hovden

Heidi Eikelund and Mette Hovden are sisters, and together they run [pinnedans.com](http://pinnedans.com). They organise courses and lectures, and have their own Facebook group which provides help and inspiration for those interested in entrelac.



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