



Cappelen Damm 2018

304 pages

Original title: *Hvordan komme til Nirvana uten å dø først*

FOREIGN RIGHTS

Cappelen Damm Agency

Contact: ingvild.haugland@cappelendamm.no

m: +4741410647

www.cappelendammagency.no

Kari Gjæver Pedersen and Christine Istad

How to get to Nirvana without dying first

How to get to Nirvana without dying first

88 temples, 1400 kilometres, 7 weeks and Nirvana without dying first.

Japan is just as fascinating as you think. And much easier to travel than you fear. It is all a question of finding the key to get in.

Kari Gjæver Pedersen and Christine Istad

Kari Gjæver Pedersen is a journalist, editor, translator and teacher, specialized in communication, strategy and process thinking.

Christine Istad is a visual artist, art director and photographer. She is educated at the Westerdals School of Communication in Oslo and at Parsons School of Design in New York.



Cappelen Damm Agency

www.cappelendammagency.no/