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Kari Gjæver Pedersen and Christine Istad

How to get to Nirvana without dying first

How to get to Nirvana without dying first 88 temples, 1400 kilometres, 7 weeks and Nirvana without dying first.

Japan is just as fascinating as you think. And much easier to travel than you fear. It is all a question of finding the key to get in.

Kari Gjæver Pedersen and Christine Istad

Kari Gjæver Pedersen is a journalist, editor, translator and teacher, specialized in communication, strategy and process thinking.

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