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NORDIN RINGHOF  
KIRSTI ELINE  
TORHAUG



"From time to time, shooting stars emerge that leave an impression, and this book is such a shooting star."

HELEN FOSS

## KIRSTI ELINE TORHAUG

KIRSTI ELINE TORHAUG is a dynamic and multifaceted artist whose career bridges theater, film, television, and now, literature. Trained as an actress at the prestigious Norwegian National Academy of Theatre, she quickly established herself as a compelling performer, captivating audiences with her versatility and depth. Upon graduating, she followed her creative instincts to Stockholm, where she immersed herself in an eclectic mix of artistic endeavors. Her talent knows no borders: Torhaug has been involved in groundbreaking theater and film projects across Argentina, the United States, Denmark, and her native Norway.

IN 2022, TORHAUG made a bold and unforgettable leap into the world of literature with her debut novel, *The Fragile Limit of Reason*, marking the beginning of her profoundly moving **Amazon Trilogy**. This poignant series draws inspiration from the extraordinary life of her uncle, blending personal history with serene, profound storytelling. The second volume, *The Anatomy of Desire*, followed in 2023, while the final installment, *Fragments of a Life*, completed the trilogy in 2024.

TORHAUG'S WORK—on stage, screen, and page—continues to fascinate. She is not merely an artist but a storyteller who brings light to life's deepest complexities. With *The Fragile Limit of Reason* she enters the international literary stage.

## FORNUFTENS SKJØRE GRENSE THE FRAGILE LIMIT OF REASON

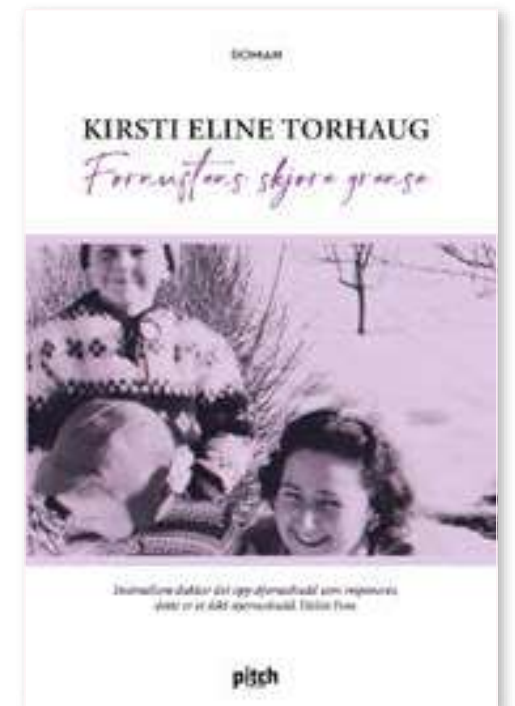
A BOOK OF THE MONTH BY ARK BOKHANDEL  
A BESTSELLING NOVEL 01/2024

GROWING UP IN a small village outside Oslo in the 1920s, Per's vivid imagination is fueled by dreams of adventure and admiration for great explorers. He longs to embark on a journey to the Amazon. His dream sustains him through a childhood overshadowed by the loveless marriage of his parents but the bond between Per, his brother Matthias, and their extraordinary little sister Moa provides warmth and hope. Moa, with her uncanny sense of foreboding, feels the first shiver of looming tragedy when she hears footsteps in the attic of their old farmhouse. One day these footsteps mean but one thing: Nazi forces have occupied Norway.

WHILE PER AND his childhood friend Helmer refuse to accept Norway's surrender, big world events disrupt the quiet village life. The two plan to escape to England and join the resistance, but their daring attempt ends in capture. Sent to Sachsenhausen concentration camp, Per and Helmer endure unimaginable horrors, confronting the depths of human cruelty. Through it all, it is Per's recollections of his village and family, of the dreams that once sustained him, that help him survive these darkest of days.

AFTER THE WAR, Per returns to a world irrevocably altered—his youth lost, his country saved, but his soul irrevocably scarred. Haunted by questions of meaning, resilience, and hope in the aftermath of war, he searches for purpose—and for Helmer.

A BEAUTIFULLY WRITTEN and profoundly moving tale of friendship, love, and the resilience of the human spirit. This novel explores how to endure and rebuild in the face of the unimaginable.



### BIBLIOGRAPHY

#### THE AMAZON TRILOGY

- › Fragmenter av et liv - Fragments of a Life, 2024
- › Begjærets anatomi - The Anatomy of Desire, 2023
- › Fornuftens skjøre grense - The Fragile Limit of Reason, 2022

#### ABOUT THE BOOK

First published by Pitch Forlag, Norway 2022, 284 pages

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**Bulgaria** Perseus Publishing House  
**Norway** Pitch Forlag (Bastion)

#### READING MATERIAL

Norwegian Edition  
English Translation  
English Summary