

# I Am Life

*Elisabeth Helland Larsen  
& Marine Schneider*







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*Elisabeth Helland Larsen (text)  
& Marine Schneider (illustration)*

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Tekst: Elisabeth Helland Larsen [www.allnoses.no] · Illustrasjon: Marine Schneider [www.marineschneider.com]

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I am Life.  
Just as  
death is death,  
I am life.

It's me  
who sets everything  
in motion.





I plant seeds  
and water  
all that grows.

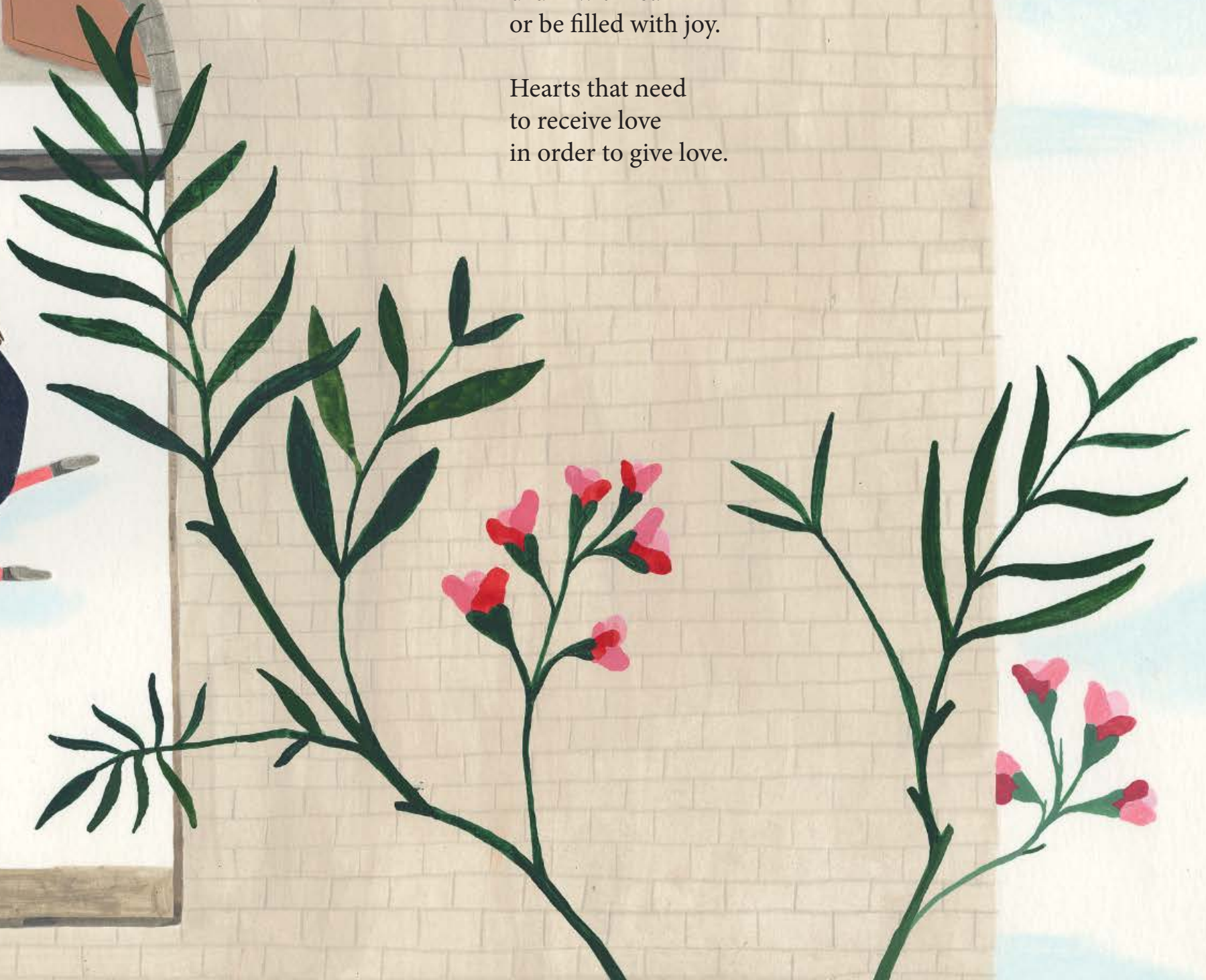




I am there in everything that breathes,  
and in every creature with a  
heart that creates a rhythm of its own.

Hearts that can  
drum with fear  
or be filled with joy.

Hearts that need  
to receive love  
in order to give love.







We might meet  
for a fleeting moment  
or for an eternity.





I fly alongside insects  
whose whole lives last  
no more than an hour.





I swim with turtles  
that might live to become  
two hundred years old.





I climb with squirrels  
in the treetops,  
summer, winter and spring.



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Agent: Magikon

Address:

Magikon forlag

Fjellveien 48A

1410 Kolbotn

Norway

Contact:

Svein Størksen

svein@magikon.no

0047 97 75 0060