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#### Lars Fr. H. Svendsen

# A philosophy of Boredom

Although boredom is something that we have all suffered from at some point in our lives, and has become one of the central preoccupations of our age, very few of us can explain precisely what it is. In this book Lars Svendsen examines the nature of boredom, how it originated, its history, how and why it afflicts us, and why we cannot seem to overcome it by any act of will.

## Lars Fr. H. Svendsen

Lars Fr. H. Svendsen is Associate Professor in the Department of Philosophy, University of Bergen, Norway. He is the author of many books including Man, Morals and Genes: A Critique of Biologism and The Philosophy of Evil , A Philosophy of Lonelyness, A Philosophy of Freedom, Fashion



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